



## **Name and/or Gender changes on your Medical Record**

### **If you wish to change your name or title on your medical record**

- You can change your name on your medical records. You will need to fill in a form and we ask to see ID or deed poll documents (to prove it is you requesting it).
  - You do not need a gender recognition certificate/to have been referred, or to have had treatment for us to change your name.
- You can change your title at the surgery. If you do not want a gender specific title, we can change it to Mx
- Changes made at the surgery will not alter hospital records so you may wish to also notify any other places that you receive care.

### **If you wish to change gender on your medical record**

- The surgery will need to request an NHS number, this change cannot be made directly by us, but we will request it for you.
- We will notify NWSSP, and they will arrange for a new record to be created.
- Your gender can be changed to F(Female), M(Male), Non specified, Not-known
- We will add your medical history into your new record, so that your care is not compromised.
- You will be offered a GP appointment to discuss -
  - Screening - as you may not be automatically offered the correct screening (please see below)
  - If there is any medical information relevant to your gender that you do not want included.

### **Please be aware**

- The surgery cannot change the gender that is on your medical records ourselves
- When a new medical record is requested in your preferred gender identity, the NHS closes your current medical record, issuing you with a new NHS number and new medical record. This new medical record is completely blank, with no previous medical/vaccination history etc attached to it.
- The whole of your previous notes will be added as a document so that clinicians can see information.
- We will add non-gender related information as codes in the new notes eg allergies, medications, past medical problems but we will not be able to see previous consultations without going into a separate document attached to the notes. This is not a problem, but may not be as easy to find specific information so may take longer.
- If you decide to return to your previous gender identity you will not be able to go back to your original NHS number. A new NHS number will be created for you.

## **A guide to Screening**

There are several organ specific screening programs that patients may need to access. These include breast, cervical and AAA screening. These are offered only to specific genders which may not match your gender identity.

- Trans women and non-binary people assigned male at birth who are registered with a GP as female:
  - are invited for breast screening
  - are invited for bowel cancer screening
  - do not need cervical screening as they do not have a cervix
  - are not routinely invited for abdominal aortic aneurysm (AAA) screening but can request screening
- Trans women and non-binary people assigned male at birth who are registered with a GP as male:
  - are not routinely invited for breast screening but can request screening
  - are invited for bowel cancer screening
  - do not need cervical screening as they do not have a cervix
  - are invited for AAA screening
- Trans men and non-binary people assigned female at birth who are registered with a GP as female:
  - are invited for breast screening
  - are invited for bowel cancer screening
  - are invited for cervical screening
  - are not invited for AAA screening
- Trans men and non-binary people assigned female at birth who are registered with a GP as male:
  - are not routinely invited for breast screening but can request screening
  - are invited for bowel cancer screening
  - are not routinely invited for cervical screening but can request screening
  - are invited for AAA screening but do not have a high risk of AAA
- Trans men who are pregnant should be offered the same antenatal and newborn screening tests as all other pregnant individuals.

## **References and further information**

- <https://www.gov.uk/government/publications/nhs-population-screening-information-for-transgender-people/nhs-population-screening-information-for-trans-people>
- <https://umbrellagwent.od2.vtiger.com/kb/article/640439-Changing-Personal-Details-at-the-GP?catid=1&subid=4>