

# ***Brecon Medical Group Practice***

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## **Eflornithine 11.5% Cream**

Dear Sir/Madam,

We are currently reviewing the use of Eflornithine 11.5% cream, also known as Vaniqua® for the treatment of excessive hair growth (hirsutism).

This treatment is considered cosmetic and therefore NHS prescribing guidelines recommend self-care for the vast majority of women with this condition, rather than prescribed treatment, in order to better utilise limited NHS resources.

**As a practice we will no longer be prescribing this treatment and have removed it from your repeat prescription.**

There are several methods of hair removal available as self-funded treatments if you still wish to treat your hirsutism, including -

- Shaving, plucking, waxing or threading.
- Laser hair removal.
- Electrolysis.
- You can discuss the best form of treatment for you with a beauty therapist.

If you have found the Eflornithine to be effective and wish to continue to use it, you will need to obtain a private prescription for its supply and self-fund this treatment going forward.

Yours sincerely