

Brecon Medical Group Practice

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Chlorhexidine 0.2% Mouthwash

Dear Sir /Madam,

We are currently reviewing the use of Chlorhexidine mouthwash, also known as Corsodyl® in line with current NHS prescribing guidelines. We have therefore undertaken an audit of our prescribing and have identified that you have been prescribed this treatment.

In people with mild gum disease Chlorhexidine mouthwash, in addition to tooth brushing, reduces plaque build-up in the first weeks of use. However, prolonged use of more than four weeks can lead to tooth staining and a build-up of chalky deposits on the teeth, called tartar. In the UK Chlorhexidine mouthwashes are licensed for 30 days' use and are not recommended for routine use passed the treatment of an acute problem.

As a practice we will no longer be prescribing this treatment and have removed it from your repeat prescription.

The de-prescribing of over-the-counter products under NHS prescribing guidelines allows us to utilise limited NHS resources for treatments that must be prescribed as they cannot be purchased.

If you still wish to continue to use Chlorhexidine Mouthwash this can be purchased from your local pharmacy.

Yours Sincerely