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The Medical Centre
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Dear Patient

Re: Change to your statin prescription

Our records show that you are currently prescribed a statin, which helps to lower your cholesterol and reduce the risk of cardiovascular disease.

The latest guidelines suggest Atorvastatin 20mg as the most effective statin to reduce your cardiovascular risk, compared to the one that you are currently prescribed.

We therefore recommend changing your current statin prescription to Atorvastatin 20mg, as this is more effective, and will further help to reduce your risk of developing stroke and heart attack in the future.

The next time you collect your repeat prescription, your doctor will have changed your prescription from your current statin medication to Atorvastatin 20mg. Please finish taking any remaining simvastatin tablets from your current prescription before starting the atorvastatin 20mg.

If you are due your annual review within the next 6 months, your bloods will be checked then. If not, please book in for a blood test in 3-6months.

If you have any queries about this change to your medication, please contact the surgery and ask to speak to the pharmacy team.

Other factors that can help to reduce your risk of cardiovascular disease include lifestyle changes such as having a healthy diet, regular exercise, weight loss, limiting alcohol intake and stopping smoking.

Yours sincerely

Haygarth Doctors